

St. Andrew's Community Hospital Day Rehabilitation Centre provides outpatient rehabilitation services for patients who need to continue with therapy after being discharged from a hospital. Our rehabilitation programme is an individualised programme planned and implemented by a physiotherapist and/or an occupational therapist. Our aim is to help patients achieve specific rehabilitation goals directed towards improvement or maintenance in functional status.

The centre strives to meet the needs of the community and seeks to continuously expand our services to remain relevant for those whom we serve.



**ST. ANDREW'S
COMMUNITY HOSPITAL**

8 Simei Street 3, Singapore 529895

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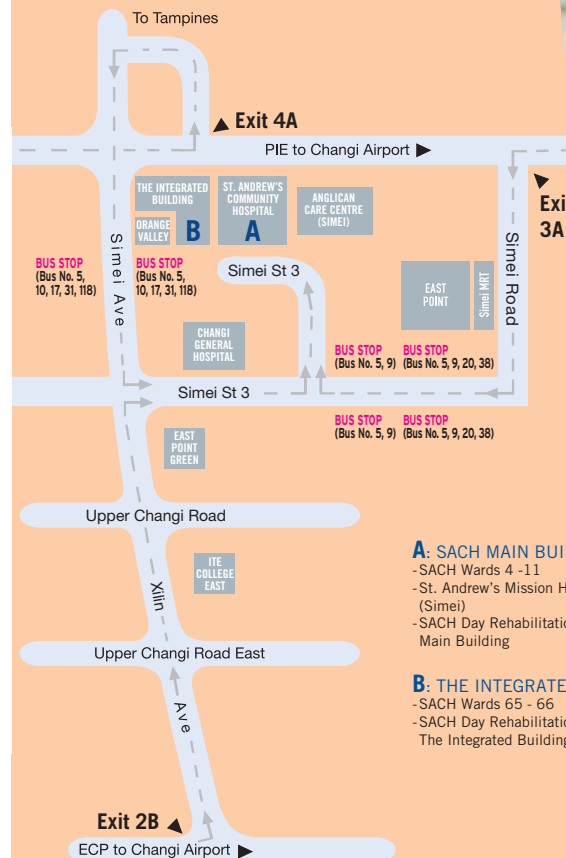
Website: www.sach.org.sg

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Instagram standrewscommunityhospital

Day Rehabilitation Centre

Directional Map to St. Andrew's Community Hospital and The Integrated Building



**ST. ANDREW'S
COMMUNITY HOSPITAL**

Information accurate as at time of printing (June 2020).

Services

St. Andrew's Community Hospital (SACH) Day Rehabilitation Centre (DRC) provides active sessional rehabilitation services including Physiotherapy and Occupational Therapy. This comprises strengthening, stretching, ranging, balance and functional training, so as to optimise patients' ability to participate in activities of daily living. Speech Therapy and Music Therapy are also available to patients upon request.

The DRC seeks to help patients with conditions such as:

- Stroke
- Dementia
- Parkinson's Disease or other neurological conditions
- Traumatic brain injury
- Fracture
- Musculo-skeletal conditions, e.g. Osteoarthritis
- De-conditioning after an illness or operation



The DRC is also set up to train patients in activities of daily living in a realistic environment. Different sections in the DRC feature replicas of a kitchen, bedroom, and minimart. Training in these settings helps patients regain their confidence and ability to navigate and function independently at home and in the community.

Rehabilitation Sessions

Monday to Friday

8:30 am - 12:00 pm
2:00 pm - 5:00 pm

Saturday

8:30 am - 11:30 am

The centre is closed on Sundays and Public Holidays.



Admission

To enrol for a subsidised rehabilitation programme at the DRC, a referral is required through the Agency for Integrated Care (AIC). The referral can be initiated by registered physiotherapists, occupational therapists, advanced practice nurses or registered doctors. For more information or enquiries, please call 6586 1029.

Means Test

A means-test assessment for government subsidy eligibility is available for all patients.



Charges

For more information on charges, please call 6586 1029 or visit www.sach.org.sg.

Location & Contact

The DRC at The Integrated Building provides active sessional rehabilitation services, while the DRC at SACH Main Building provides maintenance exercise programmes.

DRC at The Integrated Building

The Integrated Building, Level 1, #J1-02
6 Simei Street 3, Singapore 592898

DRC at SACH Main Building

St. Andrew's Community Hospital, Level 1
8 Simei Street 3, Singapore 529895

Please refer to the map at the back for more information. Contacts for transport providers can be obtained at the DRC upon request.

For enquiries, please call 6586 1029.