# **OUTPATIENT CLINICS**

St. Andrew's Community Hospital Outpatient Clinic Level 1 Tel: 6586 1025

**Operating Hours:** 

Monday to Friday
9:00 AM to 3:30 PM
(Closed from 1:00pm to 2:00pm)

Closed on Sundays and Public Holidays.

\*Subsidies are applicable for CHAS cardholders.

## St. Andrew's Mission Hospital Clinic

- This clinic offers general medical consultations for adults and children.
- Patients under 19 years old will be charged at a subsidised rate.
- This clinic provides:
  - Non emergency general medical consultation
  - Medical examinations: pre-employment assessments, work permit holders, foreign domestic workers, pap smear tests (by appointment only)
  - Vaccinations: e.g. for Tetanus, Hepatitis B and Influenza
  - Medical review for renewal of driving license
  - Wound dressing

### **Specialist Clinic in Rehabilitation Medicine**

- Specialist consultation is by appointment only.
- To make an appointment, please call 6586 1025 during office hours.

#### **Patient Education Service**

 Outpatients and their caregivers may obtain guidance and education from a nurse on selfmanagement of their illness. For example:



- Appropriate care and management of wound dressings
- Care of and management of nasogastric tubes and urinary catheters
- Home monitoring of blood pressure and/or blood glucose

Consultation with a senior nurse is by appointment only. To make an appointment or enquiry, please call 6586 1025 during office hours.

# DAY REHABILITATION CENTRE

- Provides outpatient rehabilitation services for patients to help improve their condition and achieve specific rehabilitation goals.
- Its Active Rehabilitation Programme is an individualised programme planned and implemented by a physiotherapist and/or an occupational therapist.

Day Rehabilitation Centre Level 1 @ The Integrated Building (located next to SACH main building) Tel: 6586 1029

#### **Operating Hours:**

**Monday to Friday** 8:30 AM to 12:30 PM 2:00 PM to 5:30 PM

Closed on Sundays and Public Holidays.



#### Admission

- A referral is required through the AIC for enrolment in the Day Rehabilitation Centre (DRC) programme.
- Referral can be initiated by Hospitals and Medical Practitioners.
- For more information, please contact the DRC at 6586 1029 during office hours.

# **HOME CARE SERVICES**

- Provides Home Medical, Home Nursing, Home Therapy and Palliative Home Care Services to support home-bound patients.
- Caregiver training can also be provided.
- Offered to patients living in the eastern part of Singapore by referrals through the AIC.
- For more information, please call 6586 1053 during office hours.

# **OTHER SERVICES**

#### **Pastoral Care Service**

- Our chaplains offer a hand of friendship, a listening ear and a compassionate heart to help patients journey towards recovery.
- Through our Pastoral Care Programme, patients and family members can find solace, strength and meaning to overcome challenges in life.
- For assistance, please call 6586 1980 during office hours.



8 Simei Street 3, Singapore 529895 Tel: 6586 1000 Fax: 6586 1100 Email: general@sach.org.sg Website: www.sach.org.sg www.facebook.com/likeSACH

# Healing Hands Touching Lives





St. Andrew's Community Hospital (SACH) is a service of St. Andrew's Mission Hospital. Established in 1992, SACH was the first community hospital in Singapore, providing subsidised intermediate care for patients.

On 18 November 2011, SACH joined Changi General Hospital, SingHealth Polyclinics, and The Salvation Army Peacehaven Nursing Home (and later, the Health Promotion Board) as founding members of the Eastern Health Alliance (EH Alliance). The Alliance works to deliver seamless, high quality and patient-centred care services for the better health of people in Eastern Singapore.

# For the Community, By the Community

SACH, a non-profit healthcare institution, is dedicated to providing affordable healthcare to the community. We are committed to caring for all in need, regardless of race, religion or socio-economic status. With 99% of our patients receiving subsidised care, SACH relies on the generosity of the public to provide subsidised care for our patients. We look forward to your support to continue our mission of caring for the community.

To make a donation, a crossed cheque made payable to "St. Andrew's Community Hospital" can be sent to: St. Andrew's Community Hospital

8 Simei Street 3

Singapore 529895

Attention: Corporate Communications Department

# **INPATIENT SERVICES**

St. Andrew's Community Hospital (SACH) provides subsidised rehabilitative and sub-acute care for adult and paediatric patients after their acute phase of treatment at an acute care hospital.



#### **Rehabilitative Care**

- Provides physiotherapy, occupational therapy, speech therapy and music therapy for patients.
- Patients undergo 2 to 4 weeks of rehabilitation to help them get back to their best possible function.

#### **Dementia Care**

 Provides customised therapy sessions and social programmes for patients with dementia and requiring rehabilitative care.

#### Sub-Acute Care

 Provides care for patients recovering from medical conditions.

#### **Palliative Care**

 Provides specialised care to patients with life-limiting illness and relief from their symptoms.



# **Accommodation**

- Wards are located in the SACH Main Building and the Integrated Building (beside SACH).
- Well-ventilated open wards of 5-bedded and 8-bedded cubicles with shared common bathrooms.

#### Admission

Referral through the Agency for Integrated Care (AIC) is required for subsidised care. SACH accepts referral from

- Restructured and private hospitals
- General practitioners or medical specialists
- St. Andrew's Mission Hospital Clinic

For more information on referrals, please contact our Medical Social Work Department at 6586 8030.



## **Caregiver Involvement**

- Upon admission, patient's family is required to identify a caregiver to work closely with SACH in planning the patient's discharge care plan.
- SACH strongly encourages caregivers' involvement every step of the way as they play an important role in patients' recovery journey.



## **Discharge Planning**

 If medication is prescribed for patients by our doctors upon patient's discharge, our pharmacist will counsel the patient and/or caregiver before dispensing medication.

# **Visiting Hours**

- Visiting hours are from 12:00 PM to 9:00 PM.
- Visitors who are unwell are advised to refrain from visiting the hospital.

# ST. ANDREW'S SENIOR CARE - JOY CONNECT

St. Andrew's Senior Care - JOY Connect is a community service of St. Andrew's Mission Hospital located at Kampong Glam. Operated by St. Andrew's Community Hospital, it provides the following services:

- Day Care
- · Dementia Day Care
- Community Rehabilitation
- Centre-based Nursing Service
- Integrated Home Care Services
- Community Case Management Services